

PERSONAL CONSULTATION & ASSISTANCE PROGRAM 2017-2018

St. Elizabeth College of Nursing provides the opportunity for students to consult with a mental health care professional for assistance with any areas of personal need including: stress management, family or relationship concerns, self-concept issues, depression, anxiety or simply having trouble trying to cope.

These services will be conducted by *Nancy Rayne, MS, RN, PMHCNS-BC, a Psychiatric Mental Health Clinical Nurse Specialist*, working under the auspices of Clinton Therapy and Testing Center, in Clinton, NY. These services will be provided to students free of charge. For students in need of additional support, Nancy will provide assistance by facilitating an appropriate referral.

All information discussed will be confidential. For the convenience of students, the services will be provided at the College of Nursing (*3rd floor, room 301*).

Nancy Rayne will be at the College of Nursing every Wednesday from 2:00-6:00 pm and will be providing additional hours as needed. To schedule an appointment, please contact her at *(315) 859-1973 x32*.